

# Distance Learning Plans – Preschool

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Dear Parents,

Below, please find activities and suggestions for your Preschooler. They are meant to further enhance the development and growth of your child's physical, cognitive and emotional well-being. Remember, songs and movement can be incorporated into a lot of our daily activities. We are already singing "Happy Birthday" while washing our hands lol. Get creative and keep active!

Be safe!

Sincerely,

Andrea Piccirillo

## Visual Arts:

**Goal:** Demonstrate the safe and appropriate use and care of art materials and tools. Create more recognizable representations as eye-hand coordination and fine-motor skills develop.

1. Identify the colors and symbols of Spring. (rain, umbrella, budding trees, flowers, bunnies, kites, etc)
2. Create a Spring drawing using crayons, paints, colored pencils, etc. If possible, get creative and use household items such as cotton balls, toothpicks, buttons, etc. to glue onto picture.

## Physical Development:

**Goal:** Develop and refine gross motor skills

1. Do: 10 jumping jacks, 10 toe touches, 10 arm circles.
2. Practice: jumping on two feet, jumping on one foot, and skipping.
3. Log on to [www.gonoodle.com](http://www.gonoodle.com) and choose a moving, motor preschool activity video.

## **Music**

**Goal:** Sing a variety of songs with expression and with others. Listen to, imitate, and improvise sounds, patterns or songs. Demonstrate appropriate behavior and follow directions.

Go on [www.learningstation.com](http://www.learningstation.com) and choose songs to sing, move and dance to.

## **Technology**

**Goal:** Use a mouse to navigate a simple menu on the screen. Begin to use electronic devices to locate information and to communicate.

Use learning websites such as [www.starfall.com](http://www.starfall.com) , [www.pbskids.com](http://www.pbskids.com) , [www.abcya.com](http://www.abcya.com)