



# NOVEMBER TOTOWA

## 2017 Memorial School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>Selections on The Farm Stand are included with lunch. Choose ½ a cup of fruit and 1 cup of vegetable from a variety of options daily.</b>		
		1 Cheeseburger on a Bun with Waffle Fries	2 Pre-Thanksgiving Lunch Roasted Turkey Sandwich w/ Gravy & Mashed Potatoes	3 Pizzeria Pizza
<b>Weekly Alternate:</b> Meatball Mini Hero				
6 Popcorn Chicken w/ Mashed Potatoes & a Dinner Roll	7 Election Day Pizzeria Pizza 	8 School Closed	9	10 <div style="border: 1px solid black; padding: 5px; text-align: center;"> <b>NJEA Convention No School</b> </div>
<b>Weekly Alternate:</b> Chicken Patty on a Bun				
13 2 Chicken Sliders on Buns	14 Pasta with Meatballs, Marinara Sauce & Garlic Bread	15 French Toast Sticks with an Egg Patty & a Hash Brown	16 Baked Chicken Nuggets with a Roll	17 Mickey Mouse's Birthday 11/18 Pizzeria Pizza
<b>Weekly Alternate:</b> Philly Cheesesteak Hero				
20 All-Beef Hot Dog on a Bun with Potato Tots	21 Pizzeria Pizza	22 Single Session No Lunch Service	23 	24
<b>Weekly Alternate:</b> Mini Meatball Hero				
27 Pizza Crunchers w/ Marinara Sauce	28 Single Session No Lunch Service	29 Single Session No Lunch Service	30 Single Session No Lunch Service	
<b>Weekly Alternate:</b> Cheeseburger on a Bun				

**ALSO AVAILABLE DAILY**

**YOGURT LUNCH**

4 oz. Yogurt, Cheese Stick, Pretzels, Sliced Bread & a Trip to The Farm Stand

**CHEESE SANDWICH**

American Cheese on a Roll & a Trip to The Farm Stand

**DELI SANDWICH**

- Week 1: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato
- Week 2: Salami on a Kaiser Roll with Lettuce & Tomato
- Week 3: Ham on a Hero with Lettuce & Tomato
- Week 4: Turkey & Cheese on a Kaiser Roll with Lettuce & Tomato
- Week 5: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato

**A Complete Lunch Includes:**

- Entrée (with Protein/Grain)
- Trip to The Farm Stand
- Milk Choice: 1% White, Skim, or Non-Fat Chocolate

**Menu Subject to Change**

Your comments are important to us. Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com)



**At least 50% of All Grains served with your meal are Whole Grain Rich**

"This institution is an equal opportunity provider."