

# MARCH TOTOWA

## 2018 Memorial School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>Selections on The Farm Stand are included with lunch. Choose ½ a cup of fruit and 1 cup of vegetable from a variety of options daily.</b>		
 <b>Celery</b>	 <b>Orange</b>	1 Chicken Tenders with a Side of Macaroni & Cheese <b>Weekly Alternate:</b> Chicken Patty on a Bun		2 Pizzeria Pizza
5 Mini Pancakes with Syrup, Egg Patty & Hash Brown	6 2 Chicken Sliders with Potato Tots	7 Cheese Stuffed Bread Sticks with Marinara Sauce	8 Chicken Nuggets with Oven Fries & a Dinner Roll	9 Pizzeria Pizza
<b>Weekly Alternate:</b> Colby Egg & Cheese on a Bun		<b>National School Breakfast Week</b>		
12 Cheeseburger on a Bun with Oven Fries	13 Chicken Tenders with Mashed Potatoes & a Dinner Roll	14 Pizza Bagel	15 All-Beef Hot Dog on a Bun with Curly Fries	16 <b>ST. PATRICK'S DAY</b> March 17 <sup>th</sup> Pizzeria Pizza
<b>Weekly Alternate:</b> Cheesesteak on a Bun		<b>Weekly Alternate:</b> Cheesesteak on a Bun		
19 Baked Chicken Nuggets with Oven Fries & a Dinner Roll	20 Pasta with Meatballs, Marinara Sauce & Garlic Bread	21 Primmum Crispy Chicken Sandwich on a Bun with Curly Fries	22 Nachos Grande Platter with Seasoned Taco Meat, Shredded Cheese, Lettuce, Brown Rice & Nacho Chips	23 Pizzeria Pizza
<b>Weekly Alternate:</b> Gardenburger on a Bun		<b>Weekly Alternate:</b> Gardenburger on a Bun		
28 Popcorn Chicken with Mashed Potatoes & a Dinner Roll	28 Chicken Tenders with a Side of Macaroni & Cheese	28 Boneless Chicken Wings with Potato Tots & Dip	29 Pizzeria Pizza	30 <b>Good Friday</b>
<b>March is National Nutrition Month</b>		<b>Weekly Alternate:</b> Mini Meatball Hero		

March is National Nutrition Month

**Weekly Alternate:** Mini Meatball Hero

### ALSO AVAILABLE DAILY

#### YOGURT LUNCH

4 oz. Yogurt, Cheese Stick, Pretzels, Sliced Bread & a Trip to The Farm Stand

#### CHEESE SANDWICH

American Cheese on a Roll & a Trip to The Farm Stand

#### DELI SANDWICH

Week 1: Ham & Cheese on a Kaiser Roll with Lettuce & Tomato

Week 2: Turkey Breast on a Kaiser Roll with Lettuce & Tomato

Week 3: Salami on a Kaiser Roll with Lettuce & Tomato

Week 4: Ham on a Hero with Lettuce & Tomato

Week 5: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato



**At least 50% of All Grains served with your meal are Whole Grain Rich**

#### A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

#### Menu Subject to Change

Your comments are important to us.

Please e-mail us at

[comments@pomptonian.com](mailto:comments@pomptonian.com)

"This institution is an equal opportunity provider."





# TOTOWA



## Pre-K Monthly Lunch Order Form

Indicate meal selection with the appropriate letter on the days you wish to purchase lunch. **To participate in the lunch, please return the form to the school by 9 a.m. on Wednesday, February 28, 2018.**

Use the following letters to order:

- X = Daily Entrée
- A = Hot Alternate
- S = Daily Sandwich Choice
- Y = Yogurt Lunch
- C = Cheese Sandwich



### March 2018

	MON	TUES	WED	THUR	FRI
Week 1 Lunch	X	X	X	1	2
Week 2 Lunch	5	6	7	8	9
Week 3 Lunch	12	13	14	15	16
Week 4 Lunch	19	20	21	22	23
Week 5 Lunch	26	27	28	29	30 <i>Good Friday</i>

STUDENT'S NAME \_\_\_\_\_

TEACHER \_\_\_\_\_

If paying by check please make payable to the Totowa School District Cafeteria.

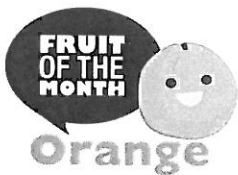
\_\_\_\_\_ days of paid lunch @ \$2.95 = \$ \_\_\_\_\_

\_\_\_\_\_ days of reduced lunch @ \$.40 = \$ \_\_\_\_\_

\_\_\_ Cash      \_\_\_ Check      \_\_\_ PayFort

**NOTE TO FREE LUNCH RECIPIENTS:**

If you plan to participate in the lunch program, you **must** fill out and return this form.



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