



# MAY 2018

# TOTOWA Memorial School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>Selections on The Farm Stand are included with lunch. Choose ½ a cup of fruit and 1 cup of vegetable from a variety of options daily.</b>		
	<b>1</b> All-White Meat Chicken Tenders with Curly Fries & a Dinner Roll  <b>Weekly Alternate:</b> Mini Cheesesteak Hero	<b>2</b> Pizza Bagels	<b>Cinco de Mayo 3</b> Nachos Grande with Seasoned Taco Meat, Cheese, Brown Rice, & Nacho Chips	<b>4</b> Pizzeria Pizza
<b>7</b> 2 Chicken Tenders with a Side of Macaroni & Cheese  <b>Weekly Alternate:</b> Egg & Cheese Sandwich	<b>8</b> Cheeseburger on a Bun  <b>Weekly Alternate:</b> Egg & Cheese Sandwich	<b>9</b> Pasta with Marinara Sauce & a Cheese Stuffed Breadstick	<b>10</b> Cinnamon Glazed French Toast Sticks with an Egg Patty & a Hash Brown  <b>National Teacher Appreciation Week</b>	<b>11</b> Pizzeria Pizza
<b>14</b> Baked Chicken Patty on a Bun	<b>BBQ DAY 15</b> Hamburger Cheeseburger OR Hot Dog, on a Bun, Watermelon, & Juice	<b>16</b> Baked Macaroni & Cheese with a Dinner Roll	<b>17</b> Popcorn Chicken with Oven Fries & a Dinner Roll  <b>Weekly Alternate:</b> Gardenburger on a Bun	<b>18</b> Pizzeria Pizza
<b>21</b> Baked Chicken Nuggets with Oven Fries & a Dinner Roll	<b>22</b> 2 Cheese Stuffed Pizza Sticks with Marinara Sauce  <b>Weekly Alternate:</b> Cheeseburger on a Bun	<b>23</b> Meatball Parmesan Hero  <b>Weekly Alternate:</b> Cheeseburger on a Bun	<b>24</b> Pizzeria Pizza	<b>25</b> School Closed
<b>MEMORIAL DAY 28</b>	<b>29</b> 2 Mini Chicken Patties on Buns with Tater Tots  <b>Weekly Alternate:</b> Grilled Cheese Sandwich	<b>30</b> Pasta with Meatballs & Marinara Sauce	<b>31</b> Boneless Chicken Bites with Oven Fries & a Dinner Roll	<b>VEGETABLE OF THE MONTH 31</b> Lettuce

### ALSO AVAILABLE DAILY

#### YOGURT LUNCH

4 oz. Yogurt, Cheese Stick, Pretzels, Sliced Bread & a Trip to The Farm Stand

#### BAGEL MEAL

Mini Bagel w/ Cream Cheese, Low-Fat Cheese Stick, & a Trip to The Farm Stand

#### CHEESE SANDWICH

American Cheese on a Roll & a Trip to The Farm Stand

#### DELI SANDWICH

Week 1: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato

Week 2: Chicken Caesar Stuffed Pocket Pita with Romaine, Breaded Chicken, & Caesar Dressing

Week 3: Salami & Cheese Hero with Lettuce & Tomato

Week 4: Grilled Chicken Sandwich on a Kaiser Roll with Lettuce & Tomato

Week 5: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato

#### A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

#### Menu Subject to Change

Your comments are important to us.

Please e-mail us at

[comments@pomptonian.com](mailto:comments@pomptonian.com)



**At least 50% of All Grains served with your meal are Whole Grain Rich**

"This institution is an equal opportunity provider."





# TOTOWA



## Pre-K Monthly Lunch Order Form

Indicate meal selection with the appropriate letter on the days you wish to purchase lunch. **To participate in the lunch, please return the form to the school by 9 a.m. on Wednesday, April 25.**

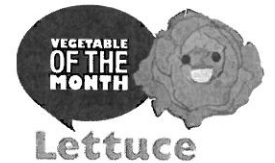
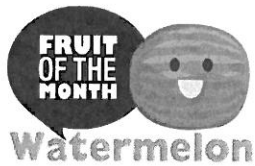
Use the following letters to order:

- X = Daily Entrée
- A = Hot Alternate
- S = Daily Sandwich Choice
- Y = Yogurt Lunch
- C = Cheese Sandwich



### MAY 2018

	MON	TUES	WED	THUR	FRI
Week 1 Lunch	X	1	2	3	4
Week 2 Lunch	7	8	9	10	11
Week 3 Lunch	14	15 	16	17	18
Week 4 Lunch	21	22	23	24	25
Week 5 Lunch	28 	29	30	31	X



STUDENT'S NAME \_\_\_\_\_

TEACHER \_\_\_\_\_

If paying by check, please make payable to the Totowa School District Cafeteria.

\_\_\_\_\_ days of paid lunch @ \$2.95 = \$ \_\_\_\_\_

\_\_\_\_\_ days of reduced lunch @ \$.40 = \$ \_\_\_\_\_

\_\_\_ Cash      \_\_\_ Check      \_\_\_ PayFort

**NOTE TO FREE LUNCH RECIPIENTS:**

If you plan to participate in the lunch program, you **must** fill out and return this form.



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