



OCTOBER 2017

TOTOWA

Memorial School



POMPTONIAN
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Selections on The Farm Stand are included with lunch. Choose $\frac{1}{2}$ a cup of fruit and 1 cup of vegetable from a variety of options daily.		
Child Health Day 2 Baked Chicken Nuggets w/ Oven Potatoes & a Dinner Roll	All-Beef Hot Dog on a Bun w/ Potato Tots 	Breakfast for Lunch 4 Cinnamon French Toast Sticks w/ an Egg Patty & Hash Brown	Pasta w/ Meatballs, Marinara Sauce & Garlic Bread Weekly Alternate: Cheeseburger on a Bun	Pizzeria Pizza
COLUMBUS DAY 9 Chicken Patty on a Bun	2 Chicken Tenders with a Side of Macaroni & Cheese	Pizza Crunchers with Marinara Sauce	Cheeseburger on a Bun 	Pizzeria Pizza
National School Lunch Week 2017			Weekly Alternate: Colby Egg & Cheese on a Bun	
Popcorn Chicken with Mashed Potatoes & a Dinner Roll	Baked Mozzarella Sticks with Marinara Sauce	2 Chicken Sliders on Mini Buns	Nachos Grande with Seasoned Taco Meat, Cheese, Brown Rice, & Nacho Chips	Pizzeria Pizza
Weekly Alternate: Gardenburger on a Bun				
Baked Macaroni & Cheese w/ a Dinner Roll 	Chicken Nuggets w/ Oven Fries & Sliced Bread World Series Begins	Mini Meatball Hero	Cheeseburger on a Bun w/ Potato Tots	Pizzeria Pizza
			Weekly Alternate: Chicken Patty on a Bun	
Philly Cheesesteak on a Mini Hero w/ American Cheese 	Halloween 31 Super Sampler w/ 3 Chicken Nuggets, 3 Mozzarella Sticks, & Sliced Bread 		Jersey Fresh Romaine	Jersey Fresh Cranberries
			Weekly Alternate: Meatball Mini	

ALSO AVAILABLE DAILY

YOGURT LUNCH

4 oz. Yogurt, Cheese Stick, Pretzels, Sliced Bread & a Trip to The Farm Stand

CHEESE SANDWICH

American Cheese on a Roll & a Trip to The Farm Stand

DELI SANDWICH

Week 1: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato

Week 2: Ham & Cheese on a Kaiser Roll with Lettuce & Tomato

Week 3: Turkey Breast on a Kaiser Roll with Lettuce & Tomato

Week 4: Salami & Cheese on a Kaiser Roll with Lettuce & Tomato

Week 5: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato



Your comments are important to us. Please e-mail us at comments@pomptonian.com

"This institution is an equal opportunity provider."

A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

Menu Subject to Change

Your comments are important to us.

Please e-mail us at

comments@pomptonian.com



At least 50% of All Grains served with your meal are Whole Grain Rich

NATIONAL
FARM to
SCHOOL
MONTH

