



SEPTEMBER 2017

TOTOWA
Memorial School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Selections on The Farm Stand are included with lunch. Choose $\frac{1}{2}$ a cup of fruit and 1 cup of vegetable from a variety of options daily.		
				1
4	5	6	7	8
			No Lunch Service	No Lunch Service
11	12	13	14	15
PATRIOT DAY All-Beef Hot Dog on a Bun w/ Oven Potatoes Free Welcome Back Cookie w/ Lunch	Super Sampler w/ 3 Chicken Nuggets, 3 Mozzarella Sticks, Oven Fries & Sliced French Bread	Pasta w/ Meatballs, Marinara Sauce & Garlic Bread	2 Crispy Chicken Sliders on Soft Buns Weekly Alternate: Gardenburger on a Bun	Pizzeria Pizza
18	19	20	21	22
Baked Mozzarella Sticks w/ Marinara Sauce & Oven Fries	Nachos Grande with Seasoned Taco Meat, Brown Rice & Nacho Chips Weekly Alternate: Chicken Patty on a Bun	Chicken Nuggets w/ Oven Fries & a Dinner Roll	Breakfast for Lunch Maple Glazed French Toast Sticks w/ an Egg Patty & Hash Brown	First Day of Fall Pizzeria Pizza
25	26	27	28	29
Popcorn Chicken w/ Mashed Potatoes & a Dinner Roll Weekly Alternate: Mini Meatball Parmesan Hero	Johnny Appleseed Day Single Session No Lunch Service	Cheeseburger on a Bun w/ Waffle Fries	Single Session No Lunch Service Sea Otter Awareness Week	Pizzeria Pizza

ALSO AVAILABLE DAILY

YOGURT LUNCH

4 oz. Yogurt, Cheese Stick, Pretzels, Sliced Bread & a Trip to The Farm Stand

BAGEL MEAL

Mini Bagel w/ Cream Cheese, Low-Fat Cheese Stick, & a Trip to The Farm Stand

CHEESE SANDWICH

American Cheese on a Roll & a Trip to The Farm Stand

DELI SANDWICH

Week 1: No Lunch Service

Week 2: Ham & Cheese on a Kaiser Roll with Lettuce & Tomato

Week 3: Turkey Breast on a Kaiser Roll with Lettuce & Tomato

Week 4: Salami on a Kaiser Roll with Lettuce & Tomato



Your comments are important to us. Please e-mail us at comments@pomptonian.com

A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

Menu Subject to Change

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comments@pomptonian.com

"This institution is an equal opportunity provider."



At least 50% of All Grains served w/ your meal are Whole Grain Rich





TOTOWA



Pre-K Monthly Lunch Order Form

Indicate meal selection with the appropriate letter on the days you wish to purchase lunch. To participate in the lunch, please return the form to the school by 9 a.m. on Thursday, September 7th, 2017.

Use the following letters to order:

- X = Daily Entrée
- A = Hot Alternate
- S = Daily Sandwich Choice
- Y = Yogurt Lunch
- C = Cheese Sandwich



September 2017

	MON	TUES	WED	THUR	FRI
Week 1 Lunch					1
Week 2 Lunch	4	5	6	7	8
Week 3 Lunch	11	12	13	14	15
Week 4 Lunch	18	19	20	21	22
Week 5 Lunch	25	26	27	28	29



STUDENT'S NAME _____

TEACHER _____

If paying by check please make payable to the Totowa School District Cafeteria.

_____ days of paid lunch @ \$2.95 = \$ _____

_____ days of reduced lunch @ \$.40 = \$ _____

___ Cash ___ Check ___ PayForIt

NOTE TO FREE LUNCH RECIPIENTS:

If you plan to participate in the lunch program, you must fill out and return this form.



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