



The Borough of Totowa Mayor & Council together with the Board of Health & the Borough of Totowa Public Library invite you to their 3rd Annual Community Health and Wellness Fair



**October 21<sup>st</sup>**  
**10:00 A.M. – 1:00 P.M.**  
**PAL Building**  
**Chamberlain & Lincoln Ave,**  
**Totowa NJ**

For more information please email Councilwoman Debbie Andriani [dandriani@totowanj.org](mailto:dandriani@totowanj.org) or call the Library 973-790-3265



**MEDICAL & DENTAL SCREENINGS INCLUDE:**

- \* Blood Pressure \*
  - \* Blood Sugar \*
  - \* Oxygen Levels \*
  - \* Heart Rate \*
  - \* Body Fat Analysis \*
  - \* Scoliosis \* Vein \*
  - \* Posture \* Dental \*
- Meet Dr. Odorczuk AND MUCH MORE!

Flu Shots

Healthy Eating suggestions & recipes with Heather Shasa MS, RD of ShopRite of Little Falls

Fitness Demonstrations

Free Massages

Local Vendors & Non-Profit Organizations

Free Refreshments & Giveaways

Fun Activities for Kids!

Child ID's Provided by NY Life

Passaic County Clerk Passport Services & Veteran ID's

Fire & Safety Demonstrations

Passaic County Sherriff's Mounted Unit



On Site