



Totowa P.A.L.

Winter Sports Online Registration (Floor Hockey and Basketball)

Basketball: emjayrules@aol.com

Floor Hockey: TotowaPAL.Hockey@gmail.com

Online Registration:

<http://www.leaguelineup.com/welcome.asp?url=totowapal>

⇒ Go to "Online Forms" and register for your sport.

Floor Hockey: Pre-K - 1st grade: \$100, 2nd – 6th grade: \$135

Basketball: K – 2nd grade: \$100, 3rd – 8th grade: \$135

If not registering online, email one of the contacts above to get further instructions. Also check the PAL Facebook Closed Group Page frequently for possible in-person dates.

Fast Facts:

- Co-Ed Floor Hockey League (Age 4 to 6th Grade)
 - Equipment is provided
 - Registration Deadline: Sat. Nov 5, 2016
 - Estimated start date is around 11/12/16
- Boys and Girls Basketball Leagues (Age 4 to 8th Grade)
 - Players must be at least 4 years old by 10/1/2016
 - Practices to start in late November
 - Clinic for grades K-2nd grade to introduce them to the sport