



# Totowa Washington Park School

## January 2019

### Lunch Menu



**POMPTONIAN**  
FOOD SERVICE

WED	1/2	Crispy Chicken Fillet with Melted Cheese on a Kaiser Roll
THU	1/3	<b>Breakfast for Lunch:</b> Maple-Glazed French Toast Sticks w/ a Pork Breakfast Sausage & a Hash Brown
FRI	1/4	Pizzeria Pizza 
	OR	Big Daddy's Pizza
MON	1/7	Popcorn Chicken w/ Mashed Potatoes & a Dinner Roll
TUE	1/8	All Beef Hot Dog on a Bun with Potato Tots 
WED	1/9	BBQ Beef Ribs on a Mini Hero with Potato Tots
THU	1/10	2 Chicken Tenders with a Side of Macaroni & Cheese
FRI	1/11	Pizzeria Pizza
	OR	Big Daddy's Pizza
MON	1/14	Super Sampler w/ 2 Chicken Tenders, 3 Mozzarella Sticks, Oven Fries & Sliced French Bread 
TUE	1/15	Grilled Cheese Sandwich with Sweet Potato Fries
WED	1/16	Nachos Grande with Seasoned Taco Meat, Cheese, Brown Rice, & Nacho Chips
THU	1/17	2 Mini Cheeseburger Sliders w/ Oven Fries
FRI	1/18	Pizzeria Pizza
	OR	Big Daddy's Pizza
MON	1/21	<b>Single Session – No Lunch Service</b> 
TUE	1/22	Chicken Sliders on Mini Buns with Oven Fries
WED	1/23	Mozzarella Sticks with Marinara Sauce
THU	1/24	Baked Macaroni & Cheese with a Dinner Roll 
FRI	1/25	Pizzeria Pizza
	OR	Big Daddy's Pizza
MON	1/28	Crispy Chicken Tenders with Oven Fries & a Dinner Roll
TUE	1/29	<b>Breakfast for Lunch:</b> Maple-Glazed French Toast Sticks w/ a Pork Breakfast Sausage
WED	1/30	Cheeseburger on a Bun with Sweet Potato Fries
THU	1/31	<b>Little Italy Day</b> 
		Italian Sampler w/ Fresh Pasta & Marinara, Garlic Bread, & Choice of Mini Chicken Parmesan or Meatballs

**Each complete lunch includes:** Choice of Entrée w/ Protein/Grain, a trip to The Farm Stand (students must select at least a serving of fruit or vegetable) & choice of Milk

#### Available Daily



Fruits & vegetables from The Farm Stand are included with lunch.

#### AMERICAN GRILLE

Chicken Patty on a Bun  
Burgers on Buns  
Cheesesteak Hero

#### Deli Central

Assorted Grab & Go Sandwiches

#### FRESH FARMSTAND

Assorted Grab & Go Salads

#### SNACK SHACK

Featuring an assortment of popular & healthier snack & beverage options

#### Menu Subject to Change

Your comments are important to us. Please email us at [comments@pomptonian.com](mailto:comments@pomptonian.com)

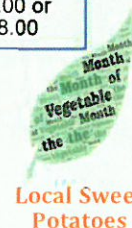
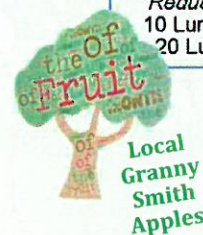
"This institution is an equal opportunity provider."

#### Full Priced Lunches are:

10 Lunches for \$29.50 or  
20 Lunches for \$59.00

#### Reduced Lunches are:

10 Lunches for \$4.00 or  
20 Lunches for \$8.00



At least 50% of All Grains served w/ your meal are Whole Grain Rich

# HAPPY NEW YEAR

