



TOTOWA

Washington Park Breakfast
2018-2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Whole Grain Bagel OR Large Whole Grain Blueberry Muffin OR Assorted Whole Grain Cereal w/ Bread	Whole Grain Bagel OR Large Whole Grain Blueberry Muffin OR Assorted Whole Grain Cereal w/ Bread	Whole Grain Bagel OR Large Whole Grain Blueberry Muffin OR Assorted Whole Grain Cereal w/ Bread	Whole Grain Bagel OR Large Whole Grain Blueberry Muffin OR Assorted Whole Grain Cereal w/ Bread	Hot Breakfast! Colby Cheese Omelet on a Bun OR Whole Grain Bagel OR Large Whole Grain Blueberry Muffin OR Assorted Whole Grain Cereal w/ Bread

Breakfast includes Entrée (Bread/Grain), 1 cup Fresh or Cupped Fruit & 100% Juice, plus Milk Choice (1% Low-Fat, Non-Fat Chocolate, Skim)



At least 50% of All Grains served w/ your meal are Whole Grain Rich



"This institution is an equal opportunity provider."