



# TOTOWA

## Washington Park Breakfast 2016 - 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Whole Grain Bagel OR Large Whole Grain Blueberry Muffin OR Assorted Whole Grain Cereal w/ Bread	Whole Grain Bagel OR Large Whole Grain Blueberry Muffin OR Assorted Whole Grain Cereal w/ Bread	Whole Grain Bagel OR Large Whole Grain Blueberry Muffin OR Assorted Whole Grain Cereal w/ Bread	Whole Grain Bagel OR Large Whole Grain Blueberry Muffin OR Assorted Whole Grain Cereal w/ Bread	<b>Hot Breakfast!</b> <b>Colby Cheese Omelet on a Bun</b> Whole Grain Bagel OR Large Whole Grain Blueberry Muffin OR Assorted Whole Grain Cereal w/ Bread

Breakfast includes Entrée (Bread/Grain), 1 cup Fresh or Cupped Fruit & 100% Juice,  
plus Milk Choice (1% Low-Fat, Non-Fat Chocolate, Skim)



*At least 50% of All Grains served  
w/ your meal are Whole Grain Rich*



"This institution is an equal  
opportunity provider."

